

# MEDICATION MANAGEMENT IN THE HOME: ADAPTING TOOLKITS FOR INCLUSIVITY FOR ETHNIC MINORITY GROUPS

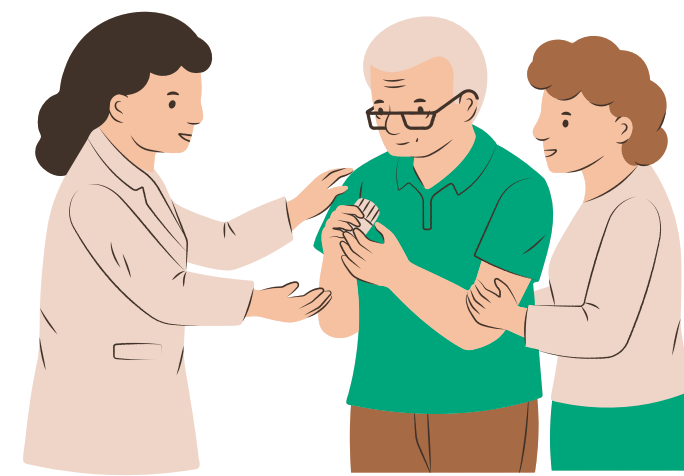


Dr Ed Breckin<sup>1</sup>, Dr Raabia Sattar<sup>1</sup>, Professor Beth Fylan<sup>1,2</sup>

<sup>1</sup> Yorkshire Quality and Safety Research Group, Bradford Teaching Hospitals NHS Foundation Trust, Bradford, UK.  
<sup>2</sup> School of Pharmacy, University of Bradford, Bradford, UK



A toolkit of resources to support people 65+ with polypharmacy and their support networks to safely manage their medicines.



- Always check what you get
- Keep on top of your supply
- Routines and reminders
- Changes to watch out for
- Time to ask for help

A five-part programme to help people 65+ safely manage multiple medicines.

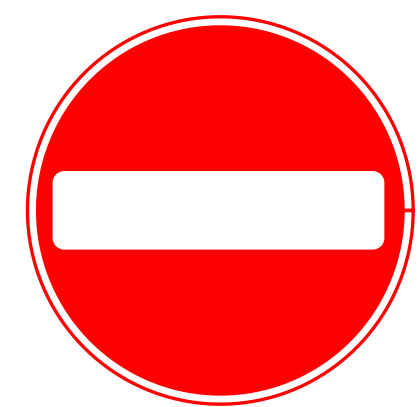
Ethnic minority groups in the UK are at risk of challenges in medicine management due to:



Language barriers



Cultural beliefs



Lack of access to services

Working with an advisory group from a South Asian background, we produced an easy read of the toolkit.

Adapting the intervention for cultural consideration and language barriers



## What next?

Questionnaire study with a South Asian population to assess the acceptability of the toolkit